

## CHECK LIST FOR POST-SECONDARY PLANNING

Directions: Check (X) the activities you have completed in planning for "Life after High School"

Date



### *THE ACTIVITIES I HAVE COMPLETED*

- \_\_\_\_\_ I have taken an interest inventory.
- \_\_\_\_\_ I have taken an aptitude or abilities test.
- \_\_\_\_\_ I have used a computerized information system  
(i.e. MCIS found in many schools counseling offices).
- \_\_\_\_\_ I have reviewed my career and educational plans with  
my parent(s) or legal guardian.
- \_\_\_\_\_ I have reviewed the current career information on my  
chosen occupational area.
- \_\_\_\_\_ I have conducted an informational interview of  
someone in an occupation that I am interested in.
- \_\_\_\_\_ I have completed a job-shadowing program.
- \_\_\_\_\_ I have attended a Career Fair or Career Day.
- \_\_\_\_\_ I have scheduled a time to take the necessary  
entrance test. (SAT, ACT, etc).
- \_\_\_\_\_ I have met the academic prerequisites for program  
of choice.
- \_\_\_\_\_ I have checked on available scholarships and  
contacted the appropriate college campus for details.
- \_\_\_\_\_ I have talked to military recruiters.
- \_\_\_\_\_ I have contacted a specific campus in advance and  
scheduled an appointment.
- \_\_\_\_\_ I have met with admissions personnel.
- \_\_\_\_\_ I have met with an instructor.

\_\_\_\_\_ I have met with a financial aid specialist.

\_\_\_\_\_ I have filled out the "Free Application form for Federal Student Aid". (FAFSA)

\_\_\_\_\_ I have toured the college campus.

\_\_\_\_\_ I have arranged for on or off campus housing.

\_\_\_\_\_ I have discussed money management with my parents.

\_\_\_\_\_ I have completed a spending plan for personal living income/expenses for the time when I'm in school.

